

10A NCAC 06X .0202 DEFINITIONS

As used in this Subchapter and in 10A NCAC 71Q .0911, In-Home Aide Services, the following terms have the meanings specified:

- (1) "Activities of Daily Living (ADL)" include eating; dressing; bathing; toileting; bowel and bladder control; transfers; ambulation; and communication such as speaking, writing, signing, gestures, and using communication devices.
- (2) "Adult" means 18 to 59 years of age.
- (3) "Available Person" is someone who lives with or near the client, who has the time and is willing to perform the needed services.
- (4) "Child" means under 18 years of age.
- (5) "Home Management" includes tasks that range from basic housekeeping, shopping, and essential transportation to intensive work with individuals and children and their families on budgeting and family management.
- (6) "Instrumental Activities of Daily Living (IADL)" includes meal preparation, medication intake, cleaning, money management, phone use, laundering, reading, writing, shopping and going to necessary activities.
- (7) "Medically Stable" means physical or mental adaptation to previously recognized health problems with effective maintenance by diet, medication, routine physical exercise, or a combination of these remedies.
- (8) "Medically Unstable" means a recent acute illness or complications of a chronic condition that are not physically or mentally controlled by diet, medication, or physical exercise and which require frequent monitoring and testing by skilled professionals.
- (9) "Own Home" means that the service recipient is living in a residence he maintains for himself or is maintained for him. "Own home" does not include any group care setting. For children and their families own home also means a family foster home licensed by the North Carolina Department of Human Resources to provide care for children and supervised by a county department of social services or licensed child-placing agency.
- (10) "Personal Care" includes tasks that range from assistance with basic personal hygiene and grooming, feeding, and ambulation to medical monitoring and other health care related tasks.
- (11) "Primary Caregiver" is the person who voluntarily provides the most care or assumes the most responsibility for another person.
- (12) "Respite Care" is a component of In-Home Aide Services which provides needed relief to primary caregivers or parents of persons who cannot be left alone because of mental or physical problems or the need for care and supervision.
- (13) "Responsible Person" is someone who is dependable and capable of performing the needed services for the client.
- (14) "Review" means a regular contact by an appropriate professional with the individual or family or both to note progress, maintenance or deterioration, changes in circumstances, and adequacy of the In-Home Aide Service Plan in meeting the person's and family's needs, and to make any needed adjustments.

History Note: Authority G.S. 143B-153;
Eff. December 1, 1991;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. September 6, 2016.